



Survey of Dried and Edible Nuts, Seeds and Nut and Seed Products Available in New Zealand

MPI Technical Paper No: 2015/09

Prepared for the Ministry for Primary Industries under project
MFS/11/05 (MFS/10/14 ctd) – Microbiological – Food Safety,
as part of an overall contract for scientific services by
Maurice Wilson, Jennifer Lindsay, Peter Grounds

ISBN No: 978-0-908334-12-4 (online)
ISSN No: 2253-3923 (online)

July 2013



Survey of dried and edible nuts, seeds and nut and seed products available in New Zealand

Dried seeds and nuts are becoming increasingly popular as snack foods because of their perceived health benefits and convenience as a ready-to-eat food. Nuts and seeds are often eaten without further preparation and may also be formed into products such as nut bars, seed bars, peanut butter, tahini and halva.

Unfortunately, in recent years there have been a number of outbreaks of foodborne illness associated with the consumption of nuts, seeds and nut and seed products, albeit just two in New Zealand, both associated with *Salmonella* and tahini (sunflower seed) products. The survival of *Salmonella* on these products for extended periods of time has been well established, and combined with the low number of these bacteria required to cause illness, gives concern for the safety of these food products.

However, little is known about the microbiological quality of these products in New Zealand. The Ministry for Primary Industries (MPI) commissioned a survey of nuts, seeds and products manufactured from them, e.g. nut butter products, tahini and halva. The products were purchased pre-packaged or directly from bulk bins from retail stores, or from on-line suppliers. A total of 805 products (domestic and imported) were tested for the presence of *Salmonella* and generic *E. coli*; the latter an indicator of hygienic production and processing of the nuts and seeds.

Salmonella was not detected in any of the products sampled. Generic *E. coli* was detected in just two samples, one of Brazil nuts and one of poppy seeds, at acceptable levels albeit described as marginal in the FSANZ *Guidelines for the Microbiological Examination of Ready-to-Eat Foods*. This encouraging profile reflects that of similar products in Australia that are likely sourced from the same international markets, and indicates that current measures taken by nut growers and processors to manage microbial pathogens, and New Zealand's Food (Prescribed Foods) Standard 2007, are sufficient to assure the safety of these products in New Zealand.

In addition to the microbiological survey, the nuts and seeds were also tested for the fumigant propylene oxide (PPO) which became widely used in the United States (FDA approved), for example, to control *Salmonella* on almonds and pistachios following large country-wide outbreaks of foodborne illness. New Zealand does not have a specific provision under the Food Standards Code (FSC) or a New Zealand Maximum Residue Limit (MRL) Food Standard for residues of PPO.

PPO was detected in 18/261 (6.9%) of the nuts sampled; 15/21 pistachio nuts (71.4%), 2/22 almond samples and a single sample of 23 walnut batches tested. These results are consistent with the known use of PPO overseas and the levels detected were well below the limits of 300ppm approved by the US-FDA.

Notwithstanding the above results, MPI is unable to assign any significance to the absence of *Salmonella* on the nuts and seeds with regard to PPO use as the sample numbers were small and country-of-origin PPO use data was sparse. Similarly, while the data on the levels of PPO residues is useful to inform a preliminary human exposure assessment, and does not in itself indicate a health concern to consumers, a more formal assessment is required to ascertain whether or not limits are required under the FSC or MPI standards. The need for CODEX MRLs for PPO is similarly being considered by the Joint FAO/WHO Meeting on Pesticide Residues (JMPR).



Survey of Dried and Edible Nuts, Seeds and Nut and Seed Products Available in New Zealand

Prepared for the Ministry for Primary Industries under project
MFS/11/05 (MFS/10/14 ctd) – Microbiological – Food Safety,
as part of an overall contract for scientific services.

by

Maurice Wilson
Jennifer Lindsay
Peter Grounds

July 2013



DISCLAIMER

This report or document (“the Report”) is given by the Institute of Environmental Science and Research Limited (“ESR”) solely for the benefit of the Ministry for Primary Industries (“MPI”), Public Health Services Providers and other Third Party Beneficiaries as defined in the Contract between ESR and the MPI, and is strictly subject to the conditions laid out in that Contract.

Neither ESR nor any of its employees makes any warranty, express or implied, or assumes any legal liability or responsibility for use of the Report or its contents by any other person or organisation.

TABLE OF CONTENTS

1	SUMMARY	1
2	INTRODUCTION	2
3	SAMPLING.....	4
4	SAMPLE EXAMINATION.....	4
4.1	<i>Salmonella</i> species	5
4.2	Generic <i>Escherichia coli</i>	5
4.3	Propylene Oxide (PPO).....	5
5	RESULTS AND DISCUSSION.....	6
5.1	Microbiology.....	6
5.2	Propylene Oxide (PPO).....	8
6	REFERENCES	8
7	APPENDIX 1: Outbreaks – Nut and seed products.....	11
8	APPENDIX 2: Summary of survey results	12

INDEX OF TABLES

Table 1	Outbreaks associated with nut and seed products.....	11
Table 2	Survey results – nut samples.....	12
Table 3	Survey results – seed samples.....	14
Table 4	Survey results – nut and seed product samples.....	15

1 SUMMARY

Between December 2011 and August 2012 a total of 805 dried and edible nut, seed and nut and seed products available in New Zealand were collected and analysed for the presence of *Salmonella* species, *Escherichia coli* and residues of the fumigant, propylene oxide (PPO).

The first goal of this project was to determine the prevalence of *Salmonella* and *Escherichia coli* in domestic and imported dried nuts and seeds, and in nut and seed products available at retail and wholesale in New Zealand. *Salmonella* was not detected in any of the samples and *E. coli* was detected in only two samples. The results of this survey are similar to those reported in a recent Australian survey.

The second goal was to determine the concentration of PPO residues in imported raw whole nuts. PPO residues were detected in 18/261 (6.9%) of the imported nut samples tested (15 pistachio, 2 blanched almond and 1 walnut sample). There is currently no specific maximum residue limit (MRL) under the Australia New Zealand Food Standards Code or the New Zealand (Maximum Residue Limit of Agricultural Compounds) Food Standards 2002 (NZ MRL Standard) for the presence of PPO residues. The maximum levels of PPO detected (1.3 mg/kg) were less than 0.5% of the present USA tolerance, specified in Part 180, Title 40 of the Code of Federal Regulation (300 mg/kg in pistachios). The NZ MRL Standard does have a default MRL of 0.1 mg/kg for residues of agricultural compounds not specified in the Standard. Eight samples of pistachios contained PPO residues at concentrations greater than 0.1 mg/kg.

2 INTRODUCTION

One of the strategic requirements of the New Zealand Ministry for Primary Industries (MPI) is to reduce the level of foodborne illness in New Zealand. This requires a robust understanding of the proportionality of exposure to various hazards from different food groups and demonstration that controls are effective.

Dried seeds and nuts are perceived as healthy snack foods. They are popular, particularly due to reports of their health benefits and convenience as a ready-to-eat food. Nuts and seeds are often eaten without further preparation and may also be formed into products such as nut bars, seed bars, peanut butter, tahini and halva.

There have been a number of outbreaks of foodborne disease associated with nuts and seeds overseas and in New Zealand. Peanuts, almonds, pine nuts, pistachio nuts, hazelnuts and sesame seeds are the nuts and seeds most commonly implicated in incidents of food poisoning associated with *Salmonella*. Examples include a worldwide 2001 outbreak of *Salmonella* Typhimurium associated with halva (PHLS, 2001), *S. Montevideo* in tahini in Australia and New Zealand in 2003 (Unicomb *et al.*, 2005), *S. Agona* in aniseed in Germany (Koch *et al.*, 2005), a multistate outbreak of *S. Enteritidis* in the USA linked to pine nuts from Turkey (CDC, 2011a), and *S. Montevideo*, *S. Mbandaka* and *S. Maastricht* illness associated with Turkish tahini in New Zealand and USA in 2012 – 2013 (ESR, 2013; CDC, 2013). Foodborne illness associated with peanut butter include *S. Typhimurium* outbreaks in the USA in 2008 - 2009, which later spread globally through products where the peanut butter was used as an ingredient (CDC, 2009), and a 2012 multistate outbreak of *S. Bredeney* (CDC, 2012).

Most outbreaks attributed to whole nuts have been associated with ‘raw’ dried shelled nuts but episodes associated with roasted and in shell nuts have also occurred. An international outbreak of *S. Stanley* and *S. Newport* in flavoured or roasted in shell nuts was reported in Australia, Canada and the UK (Kirk *et al.*, 2004) and recalls in the USA of honey roasted peanuts and chipotle peanuts contaminated with *Salmonella* have also occurred (FDA, 2009). In shell hazelnuts and mixed nuts in shell were the subject of a recent public health alert in Canada. Product was recalled as part of an ongoing food safety investigation associated with bulk hazelnuts from the USA suspected to contain *Salmonella* (CFIA, 2013).

Other pathogens have also been associated with nut and seed related outbreaks. In 2011 food poisoning incidents associated with the detection of *E. coli* O157:H7 in walnuts in Canada (CFIA, 2011) and in hazelnuts in shell in the USA were reported (CDC, 2011b).

A table of recent foodborne illness outbreaks associated with nut and seed products is given in Appendix 1.

The New Zealand Food (Prescribed Foods) Standard 2007 lists certain foods where conditions must be met during importation and whilst on the market. The Imported Food Requirements (IFR) provide specific food/hazard requirements for the prescribed foods at the border. The IFRs and stated hazards applicable to nut and seed products include:

- Desiccated coconut – pathogenic organisms, specifically *Salmonella*
- Peanuts and Pistachio Nuts – mycotoxin contamination
- Peanut butter – mycotoxic contamination and pathogenic bacteria, specifically *Salmonella*
- Tahini or crushed sesame seeds or any products containing these – pathogenic organisms, specifically *Salmonella*.

Only a small proportion of the nuts, seeds and nut and seed products available in New Zealand are locally grown. Large volumes of the foods are imported from Australia, India, Argentina, Vietnam, China, the USA and South Africa. Product from other areas may also enter the country as third country imports.

In addition to the potential microbiological and mycotoxin hazards in nuts, chemical sanitising or pasteurisation during production may leave undesirable residues. In the USA sanitising of raw almonds and some pistachios with propylene oxide (PPO) is mandatory. This was introduced in response to incidents of *Salmonella* food poisoning from raw almonds. This sanitiser may also be used in other countries exporting nuts to New Zealand.

There is currently no specific maximum residue limit (MRL) under the Australia New Zealand Food Standards Code or the New Zealand (Maximum Residue Limit of Agricultural Compounds) Food Standards 2002 (NZ MRL Standard) for the presence of PPO residues and its two degradation products (propylene chlorohydrin and propylene bromohydrin) in imported nuts. The NZ MRL Standard does have a default MRL of 0.1 mg/kg for residues of agricultural compounds not specified in the Standard. Nuts that may have been treated with PPO, which is known to leave a significant residue, may be unsuitable for sale in New Zealand. Any form of future standard allowing the use of PPO will depend on assessing the efficacy of microbiological control, as well as human exposure from residues for the New Zealand population.

This survey was commissioned to determine the prevalence of *Salmonella* and *E. coli* in selected nuts, seeds and products containing nuts and seeds, and to determine the level of exposure of New Zealand consumers to PPO through imported products.

3 SAMPLING

A total of 805 samples were collected and analysed over the nine month period of December 2011 to August 2012.

Nuts collected for the survey included whole raw nuts in shell, whole raw shelled nuts, whole raw blanched nuts, and nut butter products where nuts represented more than 80% of the ingredient content. Excluded from the scope were chestnuts, whole coconut, breakfast cereals, muesli bars, chocolate or yoghurt covered nuts, and fruit and nut mix.

Seed products included raw whole in-hull seeds, raw whole hulled seeds and seed products such as tahini and halva where seeds represented more than 80% of the ingredient content. Excluded from the scope were alfalfa seed, coffee beans, seed oils, seed supplements, teas, seed coated with chocolate, yoghurt or other coatings, and seed and fruit mixes.

Samples (>80g) were purchased, either pre-packaged or direct from bulk bins, from the main domestic suppliers such as retailers (supermarkets and specialty shops), on-line suppliers throughout New Zealand or directly from producers. Samples were transported and held at room temperature until analysis. Details were recorded of the product type, brand, weight, place of purchase and, where given, best before date, batch numbers and country of origin.

Purchase of each product type was spread evenly over the entire 9 month sampling period in order to collect as many different brands and batches as possible.

Target sample numbers for each product type were: 20 each of 16 nut varieties; 20 each of 7 seed varieties; 100 peanut butter; 100 other nut butters; and 50 each of tahini and halva. Difficulty was experienced sourcing different brands of unshelled hazelnuts and macadamia nuts and target numbers for these two products were not reached. Additional samples of other products were taken to achieve the total project target. Actual sample numbers and sample types are listed in Appendix 2.

4 SAMPLE EXAMINATION

Nuts in shell were opened as aseptically as possible and the meat removed for testing. The outer packaging of other samples was sterilised using 70% ethanol solution and opened aseptically.

For microbiological tests, the majority of sample homogenates were prepared by stomaching with a paddle blender. Linseed samples, however, were found to require a more vigorous procedure to dislodge the outer hull and homogenates were prepared in a rotary blender.

Samples for chemical analysis were not homogenised.

4.1 *Salmonella* species

Twenty-five gram samples were analysed qualitatively for *Salmonella* species using an enzyme linked visual immunoassay (3M™ TECRA™ *Salmonella* VIA). The AOAC Official Method 998.14 protocol was followed using 225mL of the appropriate pre-enrichment medium specified in FDA BAM (lactose broth for nuts and nut products and tryptic soy broth for seeds and seed products). A nonionic surfactant (Imbentin™) was added to the pre-enrichments of high fat samples (tahini, halva, peanut butter and other nut spreads) to aid emulsification during suspension.

4.2 Generic *Escherichia coli*

The samples were analysed quantitatively for generic *Escherichia coli* using Petrifilm *E. coli*/Coliform plates (3M™). In brief, 50g of sample was added to 100mL of 0.1% peptone water and homogenised. Further 1:10 and 1:100 dilutions were prepared from the initial homogenate. A direct 1:10 preparation (25g sample to 225mL diluent) was used for mucilaginous product (chia seed and linseed). One mL of each dilution was plated in duplicate following the protocol specified in AOAC Official Method 991.14. Blue colonies with gas were considered to be confirmed *E. coli*. Blue colonies without gas were picked for further testing. The lower limit of detection of the test was 10 CFU/g.

4.3 Propylene Oxide (PPO)

Imported whole nut samples were also tested to determine levels of PPO.

A known weight (between 2 and 5 grams) of sample was placed in a headspace vial containing 4 grams of sodium chloride. Distilled water (5 mL) was added and the vials sealed airtight and stored frozen until analysis.

Prior to analysis a known quantity of deuterated¹ internal standard (d₆-PPO) was injected into each vial. Samples were analysed by headspace gas chromatography-mass spectrometry (HS-GCMS) (Cao, 2009). The analysis was performed on a Shimadzu 2010 Gas chromatograph-Mass Spectrometer (GC-MS) fitted with a Combi-Pal autosampler. Chromatographic separation was carried out on an Agilent HP-PLOT/Q column (15 metres long, 0.32 mm internal diameter, 20 um film thickness), operated at 100°C isothermal, run time 15 minutes. The carrier gas was helium at 2.5 mL/min flow rate. The headspace injector and the GC to MS transfer were operated at 250°C.

PPO was monitored at $m/z = 58, 43$ and d₆-PPO at $m/z = 64, 46$. Working standards of PPO at levels of 0.5, 0.1, 0.05, and 0.002 mg/kg were prepared fresh for each run. Each working

¹ Deuterated PPO has the six hydrogen atoms replaced by its isotopic form, deuterium. This results in a molecule with the same chemical characteristics as the un-deuterated form, but with a greater mass.

standard comprised of the appropriate quantity of PPO solution and d₆-PPO internal standard added to 4 grams of sodium chloride and 10 mL of water, sealed in a 20 mL headspace vial. Quantification was performed by comparing the PPO/d₆-PPO ratios of the samples with that of the calibration standards.

Calibration standards were run at the beginning and the end of each sample batch analysis. In each case, the 0.002 mg/kg standard could be reliably detected.

Samples of nuts ($n = 18$), covering a range of nut types, were spiked with either 0.1 mg/kg or 1.0 mg/kg of PPO and analysed as above. Mean recovery of PPO at 0.1 mg/kg was 115% (range 105-123%, relative standard deviation 7.5%) and at 1.0 mg/kg was 99% (range 86-103%, relative standard deviation 5.6%). Recoveries in the range 70-130% are usually considered acceptable for trace organic analysis.

The analytical limit of detection (LoD) was calculated as a concentration relating to a signal to noise (s/n) ratio of 3. The limit of quantification (LoQ) was calculated from a s/n ratio of 10. Due to differences in sample weights used for analysis LoDs were in the range 0.0005-0.0008 mg/kg and LoQs were in the range 0.0017-0.0026 mg/kg. Analytical results falling between the LoD and LoQ were reported as 'trace'.

5 RESULTS AND DISCUSSION

The sample types and numbers, as well as survey results, are listed in Appendix 2.

5.1 Microbiology

Salmonella species were not detected in any of the 805 samples of dried and edible nut, seed and nut and seed products tested.

E. coli was detected in only two samples:–

Brazil nut	prepackaged	(origin unstated)	10 cfu/g
Poppy seed	bulk bin	(origin unstated)	40 cfu/g

These counts are lower than the “unsatisfactory quality” level of >100 CFU/g given in the FSANZ *Guidelines for the microbiological examination of ready-to-eat foods* (FSANZ, 2011). This guideline states: “Ideally *E. coli* should not be detected and as such a level of <3 per gram (the limit of the Most Probable Number test) has been given as the satisfactory criteria for this organism”. Consequently these samples would be considered marginally acceptable.

Comparison between the samples where *E. coli* was not detected is hampered by the fact that the *E. coli* method used in this survey had a limit of detection (10 CFU/g) which is slightly higher than the FSANZ “satisfactory” level.

The microbiological results of the survey are similar to those reported in a 2011 survey of 915 ready-to-eat nuts and nut products sold in Australia (NSWFA, 2012). *Salmonella* was found in only one sample (unpackaged macadamia nuts) and one sample of packaged hazel nuts was classified as marginal when assessed against the FSANZ guidelines due to the presence of *E. coli* at a concentration of 3.6 MPN/g.

Two recent surveys in the United Kingdom involving greater sample numbers showed a slightly higher prevalence of *Salmonella* and *E. coli* in nut and seed products. The presence of *Salmonella* is regarded as unsatisfactory in a ready-to-eat food. The first of these studies was a retail survey of 3,735 edible dried seed samples which was undertaken in 2007 (Willis *et al.*, 2009). *Salmonella* was detected in 23 samples (0.6%), of which over half (57%) were sesame seeds. Other seeds contaminated with *Salmonella* were linseed (1 sample), sunflower (1 sample), alfalfa (1 sample), melon (4 samples) and mixed seeds (3 samples). *E. coli* was detected in 9% of samples, with 1.5% containing ≥ 100 /g - levels considered unsatisfactory when compared with the UK HPA (PHLS) guidelines for ready-to-eat food current at the time.² These included melon, pumpkin, sesame, hemp, poppy, linseed, sunflower and mixed seeds. In the second survey (2008-2009) *Salmonella* species and *E. coli* were detected in 3 (0.1%) and 23 (0.8%) of 2886 edible nut kernels, respectively (Little *et al.*, 2010). The levels of *Salmonella* ranged from <0.01 to 0.23/g. *E. coli* was found at unsatisfactory levels (150/g) in 1 sample and at lower levels (range: 3.6 – 43/g) in the other 22 positive samples. Levels of *E. coli* did not correlate with the presence of *Salmonella*.

In December 2012, subsequent to the New Zealand survey, *Salmonella* was detected in a batch of imported Turkish tahini. The product was initially tested as part of an investigation into a cluster of *S. Montevideo* cases associated with the consumption of Middle Eastern food. *S. Montevideo*, *S. Maastricht* and *S. Mbandaka* were isolated from unopened tubs of tahini (origin Turkey) sourced from the warehouse of the distributor. The pulsed field gel electrophoresis (PFGE) profile of the *S. Montevideo* strain isolated from the tahini was indistinguishable from the outbreak strain. The *S. Mbandaka* and *S. Maastricht* isolates also matched strains from recent human cases. Tahini imported into the USA from the same company in Turkey was also linked to a multistate outbreak of *S. Montevideo* and *S. Mbandaka* infections in February 2013. The *S. Montevideo* and *S. Mbandaka* strains isolated in the New Zealand investigation matched the outbreak strains found in the USA and additionally the New Zealand *S. Maastricht* isolate matched a strain isolated from opened jars of tahini in the USA investigation.

² The UK PHLS guidelines current at the time of this survey (*Guidelines for the microbiological quality of some ready-to-eat foods sampled at the point of sale*. Commun. Dis. Public Health 2000: 3 (3), 163–167) were updated in 2009 (Health Protection Agency. *Guidelines for Assessing the Microbiological Safety of Ready-to-Eat Foods*. London: Health Protection Agency, November 2009).

5.2 Propylene Oxide (PPO)

Overall, PPO was detected in 18/261 (6.9%) samples of imported nuts. PPO was detected in 15 of the 21 pistachio samples (range Trace – 1.31 mg/kg). Two of the positive pistachio samples were identified as imported from the USA. The origin of the others was either “not stated” or described as “packed in (Australia or New Zealand) from imported ingredients”.

Very low concentrations of PPO were also detected in 2 blanched almond samples (0.0055 and 0.0079 mg/kg, origin not stated) and one shelled walnut sample from the USA (0.0021 mg/kg).

Treatment of Californian almonds to reduce the “potential for *Salmonella* bacteria” has been mandatory since September 2007 (Federal Register 72(61), 2007) and the use of PPO has been approved by the FDA for this purpose. PPO fumigation is also approved for use on pistachio and other nuts. Of the 261 samples analysed for PPO, 16 (6.1%) were clearly identified as originating from USA: 5 samples of walnuts, 4 of almonds, 3 of pistachios and 2 each of pecans and hazelnuts. Residues of PPO were detected in 3 of these samples (2 pistachios, 1 walnut), but levels found (0.0021, 0.155 and 0.283 mg/kg) were much lower than the USA tolerance levels of 300 mg/kg (Code of Federal Regulations, Title 40, Part 180.49).

6 REFERENCES

Cao X-L, Corriveau J (2009). An isotope dilution headspace method with gas chromatography-mass spectrometry for determination of propylene oxide in food. *Food Additives and Contaminants*. 26 (4): 482-486

CDC (2007). Multistate Outbreak of *Salmonella* Serotype Tennessee Infections Associated with Peanut Butter - United States, 2006—2007. *MMWR*, 56(21): 521-524.
<http://www.cdc.gov/MMWR/preview/mmwrhtml/mm5621a1.htm>

CDC (2009). Multistate outbreak of infections associated with peanut butter and peanut butter-containing products – United States, 2008-2009. *MMWR*, 58: 1-6.
<http://www.cdc.gov/MMWR/preview/mmwrhtml/mm58e0129a1.htm>

CDC (2011a). Multistate Outbreak of Human *Salmonella* Enteritidis infections Linked to Turkish Pine Nuts. Centers for Disease Control and Prevention – final investigation update November 17 2011. <http://www.cdc.gov/salmonella/pinenuts-enteritidis/111711>

CDC (2011b). Multistate Outbreak of *E. coli* O157:H7 Infections Associated with In-shell Hazelnuts. Centers for Disease Control and Prevention - investigation update April 7, 2011.
<http://www.cdc.gov/ecoli/2011/hazelnuts0157>

CDC (2012). Multistate Outbreak of *Salmonella* Bredeney Infections Linked to Peanut Butter Manufactured By Sunland, Inc. Centers for Disease Control and Prevention – final update November 30, 2012.

<http://www.cdc.gov/salmonella/bredeney-09-12/>

CDC (2013). Multistate Outbreak of *Salmonella* Montevideo and *Salmonella* Mbandaka Infections Linked to Tahini Sesame Paste. Centers for Disease Control and Prevention – final investigation update June 21, 2013.

<http://www.cdc.gov/salmonella/montevideo-tahini-05-13>

CFIA (2011). Certain bulk and prepackaged raw shelled walnuts may contain *E. coli* O157:H7 bacteria. Canadian Food Inspection Agency – food recall and allergy alert.

<http://www.inspection.gc.ca/about-the-cfia/newsroom/food-recalls-and-allergy-alerts/complete-listing/2011-04-03/eng/1359548340192/1359548340223>

CFIA (2013). Certain in shell hazelnuts or mixed nuts in shell may contain *Salmonella* bacteria. Canadian Food Inspection Agency - health hazard alert.

<http://inspection.gc.ca/about-the-cfia/newsroom/food-recalls-and-allergy-alerts/complete-listing/2013-05-22/eng/1369268220937/1369268236196>

ESR (2013). Public Health Surveillance - Human *Salmonella* Isolates, 2012 No 12 December. Institute of Environmental Science and Research Ltd.

http://www.surv.esr.cri.nz/enteric_reference/human_salmonella.php?we_objectID=3266

FDA (2009). Recall – Firm Press Release. *Southwest Specialty Foods Recalls Products Supplied by Peanut Corporation of America*.

<http://www.fda.gov/Safety/Recalls/ArchiveRecalls/2009/ucm128931.htm>

FSANZ (2011). Guidelines for the microbiological examination of ready-to-eat foods. Food Standards Australia New Zealand.

<http://www.foodstandards.gov.au/code/microbiolimits/documents/Guidelines%20for%20Micro%20exam.pdf>

Kirk MD, Little CL, Lem M, Fyfe M, Genobile D, Tan A, Threlfall J, Paccagnella A, Lightfoot D, Lyi H, McIntyre L, Ward L, Brown DJ, Surnam S, Fisher IS. (2004). An outbreak due to peanuts in their shell caused by *Salmonella* enterica serotypes Stanley and Newport - sharing molecular information to solve international outbreaks. *Epidemiol Infect.* 132(4):571-7.

Little CL, Rawal N, de Pinna E, McLauchlin J (2010). Survey of *Salmonella* contamination of edible nut kernels on retail sale in the UK. *Food Microbiol* 27: 171–174

Koch J, Schrauder A, Alpers K, Werber D, Frank C, Prager, R, Rabsch W, Broll S, Feil F, Roggentin P, Bockemuhl J, Tschape H, Ammon A, Stark K. 2005. *Salmonella* Agona Outbreak from Contaminated Aniseed, Germany. *Emerg Infect Dis.* 11(7): 1124–1127.

NSWFA (2012). Report on the prevalence of *Salmonella* and *E. coli* on ready to eat nuts and nut products sold in Australia. New South Wales Food Authority.

http://www.foodauthority.nsw.gov.au/Documents/science/national_nut_survey.pdf

PHLS (2001). *Salmonella typhimurium* definitive phage type 104 in halva. PHLS Communicable Disease Surveillance Centre. CDR Weekly 11(3).

<http://www.hpa.org.uk/CDR/archives/2001/cdr3301.pdf>

Unicomb LE, Simmons G, Merritt T, Gregory J, Nicol C, Jelfs P, Kirk M, Tan, A, Thomson R, Adamopoulos J, Little CL, Currie A, Dalton CB (2005). Sesame seed products contaminated with *Salmonella*: three outbreaks associated with tahini. *Epidemiol Infect* 133(6): 1065-72

Willis C, Little CL, Sagoo S, de Pinna E, Threlfall J (2009). Assessment of the microbiological safety of edible dried seeds from retail premises in the United Kingdom with a focus on *Salmonella* spp. *Food Microbiol.* 26(8):847-52.

7 APPENDIX 1: OUTBREAKS – NUT AND SEED PRODUCTS

Table 1 Outbreaks associated with nut and seed products

Year	Country	Product	Pathogens	Cases	Comment	Reference
2001	Sweden, Norway, Germany and Australia	Halva	<i>S. Typhimurium</i> DT104	>40	Two brands (Turkey)	PHLS, 2001
2001	Australia, Canada and UK	Peanuts (flavoured and roasted in shell).	<i>S. Stanley</i> and <i>S. Newport</i>	109	<i>S. Kottbus</i> , <i>S. Lexington</i> , <i>S. Newport</i> and <i>S. unnamed</i> also isolated from product.	Kirk <i>et al.</i> , 2004
2002-2003	Australia and New Zealand	Tahini	<i>S. Montevideo</i>	68	Sesame-based products in other jurisdictions (Canada and United Kingdom) also positive for <i>Salmonella</i> spp.	Unicomb <i>et al.</i> , 2005
2002-2003	Germany	Aniseed	<i>S. Agona</i>	42	Cases predominantly among infants. <i>S. Agona</i> isolated from pure aniseed and herbal teas containing aniseed.	Koch <i>et al.</i> , 2005
2006-2007	USA (47 states)	Peanut butter	<i>S. Tennessee</i>	628	Associated with two brands produced at the same plant.	CDC, 2007
2008-2009	USA (43 states)	Peanut butter	<i>S. Typhimurium</i>	530	Associated with peanut butter and pre-packaged peanut butter crackers.	CDC, 2009
2011	USA (5 states)	Pine nuts	<i>S. Enteritidis</i>	43	Product from Turkey sold from bulk-bins.	CDC, 2011a
2011	Canada	Walnuts (raw shelled)	<i>E. coli</i> O157	13	9 cases hospitalised - 2 developed HUS.	CFIA, 2011
2011	USA (3 states)	Hazelnuts (in shell)	<i>E. coli</i> O157	8	Outbreak strain isolated from in shell hazelnuts and mixed nuts containing hazelnuts.	CDC, 2011b
2012	USA (20 states)	Peanut Butter	<i>S. Bredeney</i>	42	Outbreak strain isolated from peanut butter, shelled raw peanuts and environmental samples collected from the manufacturing plant.	CDC, 2012
2012-2013	New Zealand and USA (9 states)	Tahini	<i>S. Montevideo</i> <i>S. Mbandaka</i> <i>S. Maastricht</i>	17 (NZ) 16 (USA)	Turkish product. Different brands implicated in USA and NZ but both were from same supplier.	ESR, 2013 CDC, 2013

8 APPENDIX 2: SUMMARY OF SURVEY RESULTS

Table 2 Survey results – nut samples

Product	Target sample numbers	Actual sample numbers	Origin	Microbiology <i>Salmonella</i> (P/A per 25g) <i>Escherichia coli</i> (CFU/g)			Chemistry (imported nuts only) <i>Propylene Oxide</i> (mg/kg)
Almond (whole/shelled)	20	25	Imported (15) Not stated (10)	<i>Salmonella</i> <i>E. coli</i>	(25) (25)	Not isolated <10	(25) Not detected
Almond (blanched)	20	22	Imported (7) Not stated (15)	<i>Salmonella</i> <i>E. coli</i>	(22) (22)	Not isolated <10	(20) Not detected (2) Range 0.0055 – 0.0079
Brazil nut (whole/shelled)	20	21	Imported (9) Not stated (12)	<i>Salmonella</i> <i>E. coli</i> <i>E. coli</i>	(21) (1) (20)	Not isolated 10 <10	(21) Not detected
Cashew nut (whole/shelled)	20	23	Imported (11) Not stated (12)	<i>Salmonella</i> <i>E. coli</i>	(23) (23)	Not isolated <10	(23) Not detected
Hazel nut (whole/shelled)	20	23	New Zealand (11) Imported (7) Not stated (5)	<i>Salmonella</i> <i>E. coli</i>	(23) (23)	Not isolated <10	(12) Not detected
Hazel nut (in shell)	20	18	New Zealand (18)	<i>Salmonella</i> <i>E. coli</i>	(18) (18)	Not isolated <10	N/A
Macadamia (whole/shelled)	20	21	New Zealand (9) Imported (5) Not stated (7)	<i>Salmonella</i> <i>E. coli</i>	(21) (21)	Not isolated <10	(12) Not detected
Macadamia (in shell)	20	14	New Zealand (14)	<i>Salmonella</i> <i>E. coli</i>	(14) (14)	Not isolated <10	N/A
Mixed nuts (whole/shelled)	20	23	New Zealand (1) NZ/Imported mixed (2) Imported (8) Not stated (12)	<i>Salmonella</i> <i>E. coli</i>	(23) (23)	Not isolated <10	(22) Not detected
Peanut (whole/shelled)	20	21	Imported (5) Not stated (16)	<i>Salmonella</i> <i>E. coli</i>	(21) (21)	Not isolated <10	(21) Not detected

Product	Target sample numbers	Actual sample numbers	Origin	Microbiology <i>Salmonella</i> (P/A per 25g) <i>Escherichia coli</i> (CFU/g)			Chemistry (imported nuts only) <i>Propylene Oxide</i> (mg/kg)
Peanut (blanched)	20	22	Imported (9) Not stated (13)	<i>Salmonella</i> (22) <i>E. coli</i> (22)	Not isolated <10		(22) Not detected
Pecan	20	22	Imported (12) Not stated (10)	<i>Salmonella</i> (22) <i>E. coli</i> (22)	Not isolated <10		(22) Not detected
Pine nut	20	24	New Zealand (2) Imported (10) Not stated (12)	<i>Salmonella</i> (24) <i>E. coli</i> (24)	Not isolated <10		(22) Not detected
Pistachio	20	21	Imported (9) Not stated (12)	<i>Salmonella</i> (21) <i>E. coli</i> (21)	Not isolated <10		(6) Not detected (15) Range Trace – 1.31
Walnut (whole/shelled)	20	23	New Zealand (8) Imported (13) Not stated (2)	<i>Salmonella</i> (23) <i>E. coli</i> (23)	Not isolated <10		(14) Not detected (1) 0.0021
Walnut (in shell)	20	20	New Zealand (19) Imported (1)	<i>Salmonella</i> (20) <i>E. coli</i> (20)	Not isolated <10		(1) Not detected
TOTAL NUTS	320	343					

Table 3 Survey results – seed samples

Product	Target sample numbers	Actual sample numbers	Origin	Microbiology		
				<i>Salmonella</i> (P/A per 25g)	<i>Escherichia coli</i> (CFU/g)	
Chia seed	20	23	Imported (15) Not stated (8)	<i>Salmonella</i> (23) <i>E. coli</i> (23)	Not isolated <10	
Linseed	20	20	New Zealand (5) Imported (3) Not stated (12)	<i>Salmonella</i> (20) <i>E. coli</i> (20)	Not isolated <10	
Pumpkin seed	20	22	New Zealand (3) Imported (9) Not stated (10)	<i>Salmonella</i> (22) <i>E. coli</i> (22)	Not isolated <10	
Poppy seed	20	21	Imported (9) Not stated (12)	<i>Salmonella</i> (21) <i>E. coli</i> (1) <i>E. coli</i> (20)	Not isolated 40 <10	
Sesame seed (unhulled)	20	24	Imported (20) Not stated (6)	<i>Salmonella</i> (24) <i>E. coli</i> (24)	Not isolated <10	
Sesame seed (hulled)	20	26	Imported (16) Not stated (9)	<i>Salmonella</i> (26) <i>E. coli</i> (26)	Not isolated <10	
Sunflower seed	20	20	Imported (11) Not stated (9)	<i>Salmonella</i> (20) <i>E. coli</i> (20)	Not isolated <10	
TOTAL SEEDS	140	156				

Table 4 Survey results – nut and seed product samples

Product	Target sample numbers	Actual sample numbers	Origin	Microbiology		
				<i>Salmonella</i> (P/A per 25g)	<i>Escherichia coli</i> (CFU/g)	
Peanut butter	100	102	Imported (102)	<i>Salmonella</i> (102)	Not isolated	
				<i>E. coli</i> (102)	<10	
Nut butter	100	101	New Zealand (41)	<i>Salmonella</i> (101)	Not isolated	
			NZ/Imported (mixed) (13)	<i>E. coli</i> (101)	<10	
			Imported (47)			
Tahini	50	56	Imported (47)	<i>Salmonella</i> (56)	Not isolated	
			Not stated (9)	<i>E. coli</i> (56)	<10	
Halva	50	47	Imported (46)	<i>Salmonella</i> (47)	Not isolated	
			Not stated (1)	<i>E. coli</i> (47)	<10	
TOTAL NUT/SEED PRODUCTS	300	306				

“Imported” includes product packed or manufactured in New Zealand from imported components